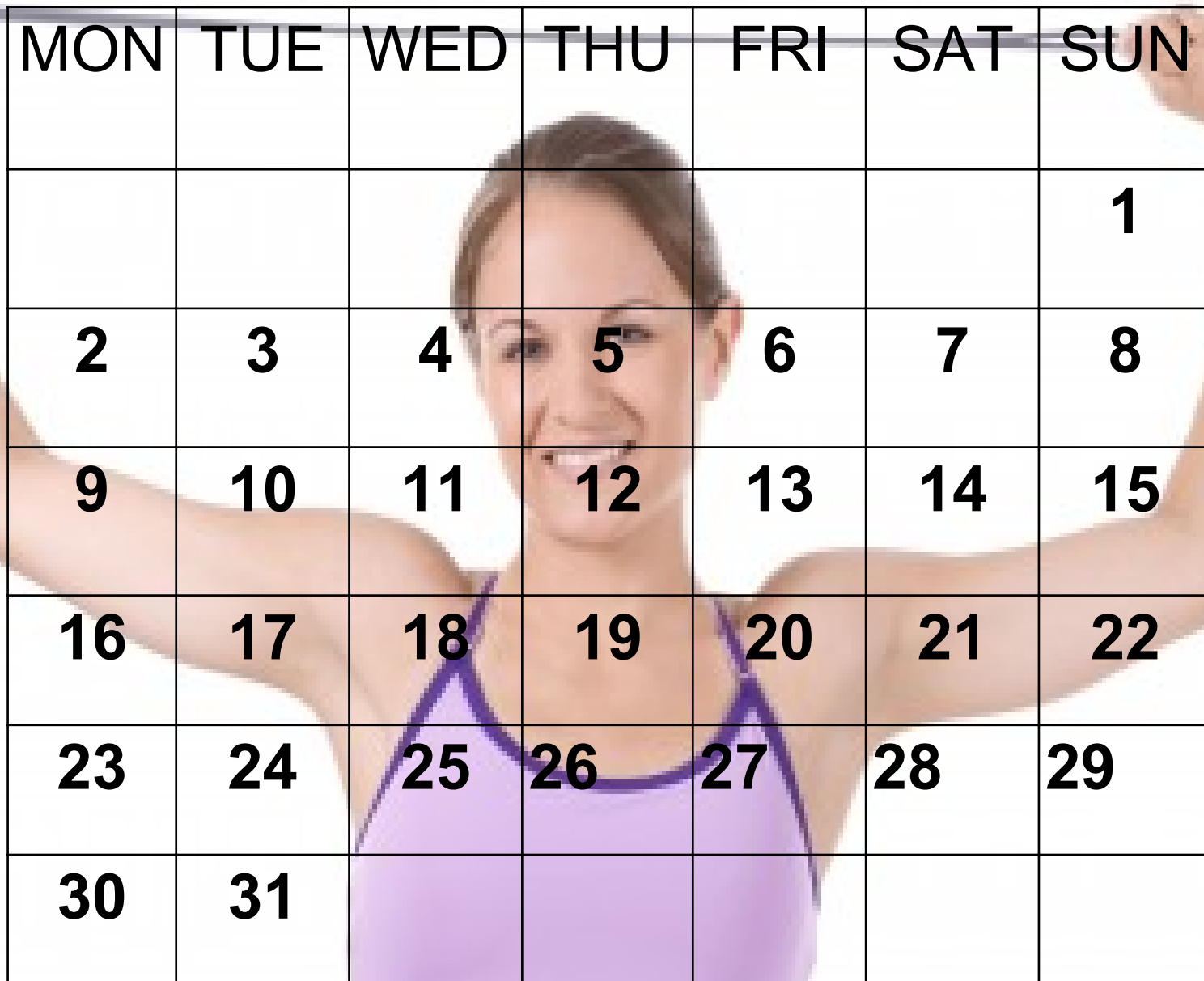


# Jumping January 2012



MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

# Flexible February 2012



MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29				

# Muscle March 2012



MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

# Active April 2012

A woman with her hair in a ponytail, wearing a black sports bra and blue jeans, stands behind a calendar grid for April 2012. The grid is a 7x7 table with days of the week as columns and dates as rows. The dates 1 through 30 are placed in the grid cells. The woman's body is visible through the grid, with her arms and torso appearing behind the date cells.

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

# Metabolic May 2012



A woman with long brown hair, wearing a red and black athletic top and black leggings, is performing a plank exercise. She is lying on her stomach with her arms extended to the ground and her body in a straight line. The image is overlaid on a calendar grid for May 2012. The calendar grid has columns for the days of the week (MON, TUE, WED, THU, FRI, SAT, SUN) and rows for the dates (1-31). The woman's body is positioned horizontally across the calendar, with her head on the right side and her feet on the left side. The numbers 1 through 31 are placed in the calendar cells, and the woman's body is positioned over these numbers.

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

# Jogging June 2012



A man and a woman are jogging in a park. The woman is on the left, wearing a pink tank top and black shorts, smiling. The man is on the right, wearing a red tank top and black shorts, looking forward. A calendar grid for June 2012 is overlaid on the image, with the days of the week and dates from 1 to 30.

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

[www.WorldOfDiets.com](http://www.WorldOfDiets.com)

# Junk-Free July 2012

A woman with blonde hair, wearing a blue top, is holding a cupcake in her right hand and an apple in her left hand. A calendar grid for July 2012 is overlaid on her face. The grid has columns for days of the week (MON to SUN) and rows for dates (1 to 31).

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

[www.WorldOfDiets.com](http://www.WorldOfDiets.com)

# Aerobic August 2012

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# Slim September 2012



MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

# Organic October 2012



MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# Nutrition November 2012



# Dancing December 2012



MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

[www.WorldOfDiets.com](http://www.WorldOfDiets.com)